

LIFEGUARD TRAINING PROGRAM

The Bay Area Chapter of the American Red Cross offers aquatic programs through our Authorized Providers*. Classes are held at park, recreation, and private facilities throughout the Bay Area. Following are Authorized Providers who are offering classes to the public. Be sure to call and confirm class details and fees with the facility, as these classes are subject to change and/or cancellation.

*This list is has been compiled as a courtesy to potential students and our Authorized Providers. The American Red Cross has no direct control over individual classes, or the facilities offering them.

If you are an Authorized Provider wishing to post your class or edit a listing, please contact Health & Safety program support at 415-427-8091, or email InstructorSupport@usa.redcross.org. If the class you need is not listed, it may be possible to arrange training at your facility. Please call for more information.

Classes are listed in the following order by Start Date, then City/Facility:

Lifeguard Training Program—

Lifeguard certificates valid for 3 years upon successful completion. and include CPR/AED for the Professional Rescuer Certificate (valid for 1 year); and First Aid Certificate (valid for 3 years)

Lifeguarding (31.25 hours; certificate valid 3 years)

[Lifeguarding Review Course](#) (21.50 hours)

[Lifeguarding Challenge Course](#)

LG + Waterfront Lifeguarding (37 hours)

LG + Waterpark Lifeguarding (33.25 hours)

Shallow Water Attendant* (30.5 hours)

*SWA certificate valid for Lifeguarding in bodies of water up to 4 feet

Lifeguarding Instructor (33 hours, *including Fundamentals of Instructor Training*)

Lifeguard Training Program

Updated 10-10-11

Lifeguarding

Start Dates	City/Facility	Contact
April 2, 2012	American Safety Academy Indian Valley Swim Club 404 Marshal Dr Walnut Creek	Carol Brown 925-803-1600 carol@americansafetyacademy.org

Call for availability	Atherton Sacred Heart Aquatic Center 150 Valparaiso Ave.	Ed Urban 650-473-4065 urban@shschools.org
Call for availability	Alameda Emma Hood Swim Center 2256 Alameda Ave.	510-747-7529
Call for availability	Berkeley Downtown Berkeley YMCA 2001 Allston Way	Joedy Michael 510-665-3215 JMichael@baymca.org
Call for availability	Berkeley Swim Centers & Programs	510- 981-SWIM (510-981-7946) http://www.cityofberkeley.info/recreation/aquatics.html West Campus Swim Center, 2100 Browning St.: 510-644-8520 King Swim Center, 1700 Hopkins: 510-644-8518 Willard Swim Ctr, 2701 Telegraph Ave.:510-644-8519
Call for availability	Brisbane, City of Community Pool 2 Solano St.	Judy Weidner 415-657-4320 www.ci.brisbane.ca.us
Call for availability	Burlingame Burlingame Park & Rec 850 Burlingame Avenue	650-558-7300 www.burlingame.org/rec
Call for availability	Castro Valley Swim Center Corner of Mable Ave. and Redwood Rd.	510-881-6703 www.haywardrec.org
Call for availability	Danville Monte Vista High School	Ian Murdock 925.314.3480 imurdock@ci.danville.ca.us
Call for availability	Dublin American Safety Academy	925-803-1600 www.americansafetyacademy.org
Call for availability	Daly City Giammona-Westmoor Pool (spring/summer only), 131 Westmoor Ave. Jefferson Pool: 6996 Mission St.	Jennifer Der 650-991-8005 www.dalycity.org Giammona-Westmoor Pool (spring/summer only), 131 Westmoor Ave. Jefferson Pool: 6996 Mission St.
Call for availability	Dublin Dublin Swim Center 8157 Village Parkway	Damian Sandholm 925-833-6645 www.dublinrecguide.com
Call for availability	El Cerrito El Cerrito Swim Center 7007 Moeser Lane	Bridgette Cooney 510-559-7015 bcooney@ci.el-cerrito.ca.us
Call for	Fairfield	Mike Wright

availability	City of Fairfield	707-428-7726 mwright@fairfield.ca.gov
Call for availability	Foster City Peninsula Jewish Cmty Ctr 800 Foster City Blvd.	650-378-2782 www.pjcc.org
Call for availability	Fremont Calphin Aquatic Club 34075 Fremont Blvd	Charles Woo 510-790-7946 www.calphin.com
Call for availability	Fremont Club Sport 46650 Landing Parkway	Mark Carter 510-226-8500 x 504
Call for availability	Fremont Happy Fish Swim School 4831 Davenport Place	510-226-SWIM www.SwimHappyFish.com
Call for availability	Hayward Park & Rec Hayward Plunge 24176 Mission Blvd.	510-881-6703 www.haywardrec.org
Call for availability	Kentfield College of Marin 835 College Avenue	Jeremy Willams 415-377-9678
Call for availability	Livermore Rbt Livermore Community Pool 4446 East Ave.	925-373-5751 www.larpd.dst.ca.us
Call for availability	Livermore Livermore Valley Tennis Club 2000 Arroyo Road	Emily Horst 925-443-7700 swimming@lvtc.com www.lvtc
Call for availability	Martinez Municipal Pool	Patty Lorick 925-372-3510 plorick@cityofmartinez.org
Call for availability	Mill Valley Mill Valley Aquatics Center 180 Camino Alto	Lisa Virtue 415-383-1370 x 114 www.millvalleycenter.org
Call for availability	Moraga Soda Aquatic Center at Campolinda High School 300 Moraga Rd.	Andrew Morris 925-280-3928 amorris@acalanes.k12.ca.us
Call for availability	Novato Meridian Sports Club 351 San Andreas Drive	Phyllis, Swim School Director 415-444-9520 www.meridianswimschool@rollinghillssclub.com
Call for availability	Oakland Mills College Trefethen Aquatic Center 5000 MacArthur Blvd.	510-430-2170 carolb@mills.edu www.mills.edu/pool
Call for availability	Oakland, City of deFremery Pool – 1269 18 th Street 510-238-2205 Fremont Pool – 4550 Foothill Blvd. Temescal Pool – 371 45 th Street 510-597-5013 McClymonds Pool – 2754 Myrtle Street 510-879-2050	OPR Aquatics 510-597-5014 www.oaklandnet.com/parks
Call for	Pacifica	Vicki Russo

availability	Oceana Pool 401 Paloma Ave.	650-738-7381 russuv.@ci.pacifica.ca.us
Call for availability	Pittsburg, City of Sullenberger Swim Center 4150 Harbor Rd.	Recreation 925-252-4845
Call for availability	Pleasant Hill Pleasant Hill Aquatic Park 147 Gregory Lane	925-682-0896 www.pleasanthillrec.com
Call for availability	Pleasanton Dolores Bengston Aquatic Center 4455 Black Avenue	Ian Anderson 925-931-3420 http://www.ci.pleasanton.ca.us/services/recreation/aquatics.html
Call for availability	Portola Valley Ladera Oaks 3249 Alpine Rd.	Yevgeniy Kapustin 415-624-4890 Yevgeniv007@yahoo.com
Call for availability	Redwood City Peninsula Covenant Cmty Ctr 3623 Jefferson Ave.	Jaime Ballard 650-364-6272 ballardcerts@gmail.com
Call for availability	Redwood City Pacific Athletic Club 200 Redwood Shores Pkwy	Katie Elgaaen 650-593-7165 www.pacclub.com
Call for availability	Richmond Richmond Swim Center S. 45 th and Cutting Blvd.	for more info: 510-620-6654 registration: 510-620-6793
Call for availability	San Bruno Park Pool Crystal Springs and Oak Ave.	Jennie Tucker 650-616-7184 jtucker@ci.sanbruno.ca.us
Call for availability	San Francisco San Francisco Park & Rec	Kathy Matias or Jaime Ritten 415-337-4701
Call for availability	San Francisco-UCSF Millberry Rec Center Mission Bay Campus Parnassus Campus	Annette Wheeler 415-502-4446
Call for availability	San Francisco USF Koret Health and Rec Center Turk and Parker Streets	415-422-6697
Call for availability	San Mateo College of San Mateo 1700 W Hillsdale Blvd San Mateo Ca 94402	(650) 378-7381 elgaaenk@smccd.edu
Call for availability (closed Oct.-March)	San Mateo Joinville Swim Center or King Pool	650-522-7463
Call for availability	San Rafael Marinwood Community Services 775 Miller Creek Rd.	415-479-0775 www.marinwood.org
Call for availability	San Rafael Terra Linda Community Center	Kat Reisinger 415-485-3344

	670 Del Ganado Rd.	Kathryn.Reisinger@cityofsanrafael.org www.cityofsanrafael.org
Call for availability	San Ramon San Ramon Olympic Pool 9900 Broadmoor Dr. or Dougherty Valley Aquatic Center 10550 Albion Way	San Ramon Olympic Pool 925-973-3240
Call for availability	Walnut Creek Clarke Memorial Swim Center 1750 Heather Drive Larkey Park Swim Center 2771 Buena Vista Ave.	City of Walnut Creek 925-943-5856 http://www.walnutcreekrec.org/aquatics.htm

Waterfront Lifeguarding (prerequisites required)

Start Dates 2011	City/Facility	Contact
Call for availability	Castro Valley Cull Canyon Regional Rec Area	For questions, contact: Pete DeQuincy 510-690-6622

Waterpark Lifeguarding (prerequisites required)

Start Dates 2011	City/Facility	Contact
Call for availability	Livermore Rbt Livermore Community Pool 4446 East Ave.	Sharon Grant 925-373-5751 www.larpd.dst.ca.us

Lifeguarding Instructor Course (prerequisites required)

Start Dates 2011	City/Facility	Contact
Call for availability	Benicia James Lemos Pool 181 East J Street	Jill Wynn 707-746-4286 http://www.ci.benicia.ca.us/parks.php

Call for availability	Dublin / Walnut Creek American Safety Academy	925-803-1600 www.americansafetyacademy.org
Call for availability	East Bay Regional Park	Pete DeQuincy 510-690-6622
Call for availability	Hayward Park & Rec Hayward Plunge 24176 Mission Blvd.	510-881-6703 www.haywardrec.org
Call for availability	Livermore Las Positas College Offered through American Safety Academy	Leigh Bury www.americansafetyacademy.org , (925) 803-1600
Call for availability	Livermore Rbt Livermore Community Pool 4446 East Ave.	925-373-5751 www.larpd.dst.ca.us
Call for availability	Los Altos Hills Fremont Hills Country Club 12889 Viscaino Place	650-948-8261 ext. 206
Call for availability	Oakland: Mills College Trefethen Aquatic Center 5000 MacArthur Blvd.	510-430-2170 carolb@mills.edu www.mills.edu/pool
Call for availability	Pacifica Oceana Pool 401 Paloma Ave.	Vicki Russo 650-738-7381 russuv.@ci.pacifica.ca.us
Call for availability	Portola Valley Ladera Oaks 3249 Alpine Road	Yevgeniy Kapustin 415-624-4890 Yevgeniy007@yahoo.com
Call for availability	San Bruno San Bruno Park Pool Crystal Springs and Oak Ave.	Jenny Tucker 650-616-7184 jtucker@ci.sanbruno.ca.us
Call for availability	San Rafael, City of Terra Linda Community Center 670 Del Ganado Rd.	Kat Reisinger 415-485-3344 Kathryn.Reisinger@cityofsanrafael.org www.cityofsanrafael.org
Call for availability	San Ramon San Ramon Olympic Pool 9900 Broadmoor Dr. or Dougherty Valley Aquatic Center 10550 Albion Way	Keith Haase 925-973-3286

First Aid for Public Safety Personnel (Title 22) Course

Start Dates 2011	City/Facility	Contact
Call for availability	El Cerrito El Cerrito Community Center 7007 Moeser Avenue	Jay Showalter 510-559-7008 jshowalter@ci.el-cerrito.ca.us

Call for availability	Hercules Hercules Swim Center 2001 Refugio Valley Rd.	Alexandra Johnson 510-799-8229 ajohnson@ci.hercules.ca.us
Call for availability	Menlo Park Menlo Swim & Sport 501 Laurel Street	Jere Faison 650-328-7946 jere@menloswim.com
Call for availability	Pleasanton Dolores Bengston Aquatic Center 4455 Black Avenue	Ian Anderson 925-931-3420 http://www.ci.pleasanton.ca.us/services/recreation/aquatics.html

First Aid for Public Safety Personnel (Title 22) Instructor Course (prerequisites required)

Start Dates 2011	City/Facility	Contact
Call for availability	American Red Cross Bay Area Area Chapter	Darcy Mironov MironovD@usa.redcross.org 415-427-8905