



**AMERICAN RED CROSS BAY AREA CHAPTER  
Nurse Assistant Training  
PHYSICAL AND TUBERCULOSIS EXAMINATION FORM**

Name \_\_\_\_\_ Sex M \_\_\_\_\_ F \_\_\_\_\_ Birthdate \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

Have you had a serious illness, injury or surgery? If so, describe:

\_\_\_\_\_

**TO BE COMPLETED BY EXAMINING PHYSICIAN/NURSE PRACTITIONER**

1. Current complaints/disabilities pertinent to the student's education in Nurse Assistant:

\_\_\_\_\_

2. Medications used: Prescription and over-the-counter (use back if necessary)

NAME	INDICATION	FREQUENCY
_____	_____	_____
_____	_____	_____

3. Significant medical history, accidents, deformities, surgeries, back problems, communicable diseases, etc.

\_\_\_\_\_

4. Examination comments and findings:

\_\_\_\_\_

**REQUIRED TUBERCULOSIS SCREENING**

P.P.D. (Within 6 months) \_\_\_\_\_ Date \_\_\_\_\_ Results \_\_\_\_\_

Chest X-ray (If P.P.D. is positive) \_\_\_\_\_ Date \_\_\_\_\_ Results \_\_\_\_\_

**RECOMMENDED IMMUNIZATIONS:** not required.

Please give dates and provide copy of immunization record or serological confirmation.

Diphtheria & Tetanus      1st \_\_\_\_\_      2nd \_\_\_\_\_      3rd \_\_\_\_\_      Booster required every 10 years.

Polio (completed series)      1st \_\_\_\_\_      2nd \_\_\_\_\_      3rd \_\_\_\_\_      Booster (year taken)

Rubeola      1st \_\_\_\_\_      2nd \_\_\_\_\_      or documented physician diagnosis of serological immunity

Rubella      Date given \_\_\_\_\_      or serological confirmation of immunity \_\_\_\_\_

The above named has no communicable or disabling disease nor health condition that would create a hazard to himself, visitors, classmates or patients at this time. He/she is able to perform the physical activities required for the training.

Examiner name and signature: \_\_\_\_\_ Date \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

I give permission to release a copy of this form to affiliating clinical facility.

Student signature \_\_\_\_\_ Date: \_\_\_\_\_

ATTACH P.P.D. AND CHEST X-RAY RESULT FORMS

Email to: [HSService@usa.redcross.org](mailto:HSService@usa.redcross.org)

Fax to: (415) 692-8211

Mail to: ARCBA 85 Second Street, 8th Floor,

San Francisco, CA 94105 Attn: Nurse Assistant Program